

**A Year of HU** (October 22, 2017 to October 21, 2018)

"HU is the most ancient name for God, not God Itself. HU, the first impulse from the Ocean of Love and Mercy, is the original of all motion, force, light, sound, or vibration. Singing HU opens one to help from the Holy Spirit." Sri Harold Klemp

### **PUBLIC EVENTS**

#### **\*ECKANKAR LIGHT AND SOUND SERVICE\***

Quad Cities ECKANKAR Center

April 8th, Sunday: 10:30-11:30am-  
*Put More Heart into Life: Loosen the Grip of Fear*

May 6th, Sunday: 10:30-11:30am-  
*Growing Spiritually in Our Relationships*

The **ECKANKAR LIGHT AND SOUND SERVICE** focuses on aspects of ECKANKAR, featuring readings from the ECK works, singing HU (a holy name of God), talks, music and a group discussion of spiritual principles at work in our daily lives.

#### **\*Sound of Soul\*** Quad Cities ECKANKAR Center

First Sunday of each month, 11am, sing HU, our love song to God. Regardless of your beliefs or religion, you can sing HU to become happier and more secure in God's love.

#### **\*ECK Center Open to the Public\***

Every Sunday from 11:30am until 1pm. Stop in and talk with our host or hostess, browse through our many books, listen to a cassette tape or watch a video.

#### **\*ECKANKAR on TV\***

A half hour talk by the Spiritual Leader of ECKANKAR, Sri Harold Klemp on Cable Channel 11, every Wednesday at 10:00pm. Many new videos are being presented.

### *Letter from the Local Director*

*"A loving relationship is the first step to loving God... Your journey to God begins at home."*

*- Harold Klemp, A Modern Prophet Answers Your Key Questions about Life, Book 2, p. 165*

Everybody has relationships. Some relationships we want and some we don't. Some are good and some not so good. Some are hard requiring us to work at them while others are smooth and easy. Since we are here in this lifetime to learn to be a coworker with God, it would appear that the difficult relationships are opportunities for spiritual growth. Sing HU and open your heart.

With ECK Love, Glenn Williams,  
Local Director, (309) 738-9034

### *What is Sound of Soul?*

In a friendly small group setting, we will chant HU for 20 minutes followed by 5 minutes of silent contemplation. The Sound of Soul is sponsored by Eckankar and is offered as a free community service for people of all faiths, cultures, and backgrounds.

*"Singing HU as a nondirected prayer can instantly open your heart to divine love even as you sing.*

*Truth will come to you, and fear will flee." -*

*Harold Klemp, Spiritual Wisdom on Conquering Fear, p. 39*



Information about ECKANKAR, The Path Of Spiritual Freedom, can be found at the following websites:

[www.eckankar.org](http://www.eckankar.org) and [www.eck-illinois.org](http://www.eck-illinois.org) or visit us at the Quad Cities ECKANKAR Center - 523 16th Street, or PO Box 694, Moline, IL 61265. Our phone number is (309) 430-5200 or call ECKANKAR, toll free 1-800 LOVE GOD.

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