

**A Year of HU** (October 22, 2017 to October 21, 2018)

"HU is the most ancient name for God, not God Itself. HU, the first impulse from the Ocean of Love and Mercy, is the original of all motion, force, light, sound, or vibration. Singing HU opens one to help from the Holy Spirit." Sri Harold Klemp

### **PUBLIC EVENTS**

#### **\*ECKANKAR LIGHT AND SOUND SERVICE\***

Quad Cities ECKANKAR Center

August 12th, Sunday: 10:30-11:30am-

#### **How Dreams and Soul Travel Can Help You with Life's Challenges**

September 9th, Sunday: 10:30-11:30am-

#### **What Would Love Do Now?**

Join people from all walks of life to celebrate a life lived in harmony with Divine Spirit. Dynamic speakers and original creative arts demonstrate the gifts found through daily practice of the spiritual principles taught in Eckankar. Find out how singing HU, an ancient name for God, can open your heart to God's love.

#### **\*Sound of Soul\* Quad Cities ECKANKAR Center**

First Sunday of each month, 11am, sing HU, our love song to God. Regardless of your beliefs or religion, you can sing HU to become happier and more secure in God's love.

#### **\*ECK Center Open to the Public\***

Every Sunday from 11:30am until 1pm. Stop in and talk with our host or hostess, browse through our many books, listen to a cassette tape or watch a video.

#### **\*ECKANKAR on TV\***

A half hour talk by the Spiritual Leader of ECKANKAR, Sri Harold Klemp on Cable Channel 11, every Wednesday at 10:00pm. Many new videos are being presented.

### *Letter from the Local Director*

*"Whenever you're in doubt about any action, ask yourself: Is it true? Is it necessary? Is it kind? You can also ask, "What would love do now?" - Harold Klemp, Spiritual Wisdom on Relationships, p. 2*

In the heat of the battle (a discussion or argument) with a co-worker, family or friend, it is difficult to remember to seek guidance about what to say or how to act and react. There is an ECK song that goes, "Is it true, is it necessary, is it kind? These three things I think of before I speak my mind. May the ECK (Spirit) flow through these words of mine. Making them true, making them necessary, making them kind." Let spirit guide you by asking "What Would Love Do Now?"

With ECK Love, Glenn Williams,  
Local Director, (309) 738-9034

### *What is Sound of Soul?*

In a friendly small group setting, we will chant HU for 20 minutes followed by 5 minutes of silent contemplation. The Sound of Soul is sponsored by Eckankar and is offered as a free community service for people of all faiths, cultures, and backgrounds.

*"In the dream teachings of ECK, we learn to identify the problems that are plaguing us. The Inner Master begins to open up small scenes from our past. We sometimes perceive these as disjointed dreams. These dream experiences give us a way to start finding out who and what we are." - Harold Klemp, Spiritual Wisdom on Dreams, p. 50*



Information about ECKANKAR, The Path Of Spiritual Freedom, can be found at the following websites:

[www.eckankar.org](http://www.eckankar.org) and [www.eck-illinois.org](http://www.eck-illinois.org) or visit us at the Quad Cities ECKANKAR Center - 523 16th Street, or PO Box 694, Moline, IL 61265. Our phone number is (309) 430-5200 or call ECKANKAR, toll free 1-800 LOVE GOD.

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