

A Year of Giving (October 22, 2018 to October 21, 2019)

The entire reason for Soul's journey is to learn the spiritual need for giving. A life of meaning is a life of giving. God's love freely comes to all of us, so we must learn both to accept that love and then to pass it on to others. — Sri Harold Klemp, *ECK Essentials*

PUBLIC EVENTS

ECKANKAR LIGHT AND SOUND SERVICE

Quad Cities ECKANKAR Center

June 9th, Sunday: 10:30-11:30am-
True Surrender: Gaining by Letting Go

July 14th, Sunday: 10:30-11:30am-
Dreams: Journey to Your Inner Worlds

Join people from all walks of life to celebrate a life lived in harmony with Divine Spirit. Dynamic speakers, a relaxed spiritual discussion and original creative arts demonstrate the gifts found through daily practice of the spiritual principles taught in Eckankar. Find out how singing HU, an ancient name for God, can open your heart to God's love.

Sound of Soul Quad Cities ECKANKAR Center

First Sunday of each month, 11am, sing HU, our love song to God. Regardless of your beliefs or religion, you can sing HU to become happier and more secure in God's love.

ECKANKAR on TV

A half hour talk by the Spiritual Leader of ECKANKAR, Sri Harold Klemp on Cable Channel 11, every Wednesday at 10:00pm. Many new videos are being presented.

Letter from the Local Director

"The harder man tries to do something with his conscious will, the less he is apt to succeed. Proficiency, and the result of proficiency, comes to those who have learned the paradoxical art of simultaneously doing and not doing, of combining relaxation and activity, of letting go as a person in order that God may take hold."

— Paul Twitchell, *Stranger by the River*, p. 149

To most people, surrendering, or letting go means giving up or conceding, usually after you have been beaten up, or you just can't take it anymore. As hard as you try you can't win. I love crossword puzzles, and sometimes, I have to put one down for a while before I can continue with success. The law of Reversed Effort is simple - the harder you try to achieve some goal the more difficult it is to overcome. When I relax and quit trying so hard many things fall into place. The same is true when working with Spirit. For me, letting go means letting God. It's, "Thy will be done, not my will be done."

With ECK Love, Glenn Williams,
Local Director, (309) 738-9034

What is Sound of Soul?

In a friendly small group setting, we will chant HU for 20 minutes followed by 5 minutes of silent contemplation. The Sound of Soul is sponsored by Eckankar and is offered as a free community service for people of all faiths, cultures, and backgrounds.

"Dreams touch every level of our life. They may let us glimpse the future, or give suggestions for healing, or share insights into our relationships. Above all, they can and will steer us more directly toward God." — Harold Klemp, *ECKANKAR'S Spiritual*

Experiences Guidebook and CD, p. 17



Information about ECKANKAR, The Path Of Spiritual Freedom, can be found at the following websites:

www.eckankar.org and www.eck-illinois.org or visit us at the Quad Cities ECKANKAR Center - 523 16th Street, or PO Box 694, Moline, IL 61265. Our phone number is (309) 430-5200 or call ECKANKAR, toll free 1-800 LOVE GOD.

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