

Quad Cities ECKANKAR Center Newsletter
THE INNER VIEWER
October – November 2017



A Year of HU

October 22, 2017 to October 21, 2018

"HU is the most ancient name for God, not God Itself. HU, the first impulse from the Ocean of Love and Mercy, is the original of all motion, force, light, sound, or vibration. Singing HU opens one to help from the Holy Spirit."

Sri Harold Klemp

"Sometimes there's a strong bond between people and their pets, or a bond with certain other people. We wonder, Why such a strong bond? Often the answer lies in a past life."

Sri Harold Klemp, The Secret of Love, Mahanta Transcripts, Book 14, page 199



PUBLIC EVENTS

ECKANKAR LIGHT AND SOUND SERVICE

Quad Cities ECKANKAR Center

October 8th, Sunday 10:30-11:30am – Past Lives, Present Opportunities

November 12th, Sunday 10:30-11:30am – The Blessings of Gratitude

The ECKANKAR LIGHT AND SOUND SERVICE focuses on aspects of ECKANKAR, featuring readings from the ECK works, singing HU (a holy name for God), talks, music and a group discussion of spiritual principles at work in our daily lives.

Community HU Song Quad Cities ECKANKAR Center

First Sunday of each month, 11am, sing HU, our love song to God. Regardless of your beliefs or religion, you can sing HU to become happier and more secure in God's love.

ECK Center Open to the Public

Every Sunday from 11:30am until 1pm. Stop in and talk with our host or hostess, browse through our many books, listen to a cassette tape or watch a video.

ECKANKAR on TV

A half hour talk by the Spiritual Leader of ECKANKAR, Sri Harold Klemp on Cable Channel 11, every Wednesday at 10:00pm. Many new videos are being presented.

Letter from the Local Director

"People are usually too busy counting the things they don't have. They notice how much more money their neighbor has, how much further ahead in spiritual unfoldment someone else is, and so on. But if we stop to count our blessings, to realize how much we do have and be grateful for it, then the heart is kept open to love and all the gifts that love brings, including the possibility of healing."
– Sri Harold Klemp, *Spiritual Wisdom on Health and Healing*, page 13

I can think of a dozen things, from food to my attitude, that are good for me, but are not so easy to do. Tomatoes (yuck), having a happy heart (in light of all the things daily life pushes at me) are just two things good for me. This one attitude item, gratitude, is a big deal. With an attitude of gratitude, it is easier for me to have that happy heart, and easier for a lot of other things (except tomatoes). Like usual, it takes practice. Ask your inner Master for help. Get used to practicing your spiritual exercises and having that attitude of gratitude. How wonderful life can be.

Don't forget the 2017 ECK Worldwide Seminar, Minneapolis, MN, Oct 20-22. www.eckankar.org for more information.

With ECK Love, Glenn Williams, Local Director, (309) 738-9034

ECK Center Phone # Change! 309-430-5200

Information about ECKANKAR, The Path Of Spiritual Freedom, can be found at the following websites: www.eckankar.org and www.eck-illinois.org or visit us at the Quad Cities ECKANKAR Center - 523 16th Street, or PO Box 694, Moline, IL 61265.

Our phone number is (309) 430-5200 or call ECKANKAR, toll free 1-800 LOVE GOD.

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